Studying the Psalms

Psalm/Verse:

Starting Prayer: Ask God to reveal truth & meaning to you

Observations background verses

Is this a psalm of lament, confession, or praise?

Relational Application

Main Truth: What is the most significant truth or principle you learned in this lesson? Is there a promise to claim? Is there a truth for me to believe? Is there a command to obey?

God: How does this truth stretch me in my relationship with God? Is there something I need to confess and repent from? Are there some characteristics of God I am reminded to praise Him for?

Ministry/Work: Can I integrate this truth in my work? Is there a next step of ministry I can take? How does this truth impact my attitude, decision-making & conversations in work or ministry?

Family/Friends: How does this truth impact my relationship with my family or friends? How could I share this truth with these loved ones? Is there something or someone specific I can pray for?

World/Community: How does this truth change my view of the people in the world around me? Is there a way to care for, serve or reach out to people around me based on this truth?

God finistrv/Work

Main Truth

Family/Friends World/Community



Write the Psalm

Write the full Psalm, or a verse that stands out to you. You might circle verbs or highlight repeated phrases.

What does the Psalm/verse tell

us about God? How is He described?

Pray the Psalm
Write it in your own words as a prayer.

